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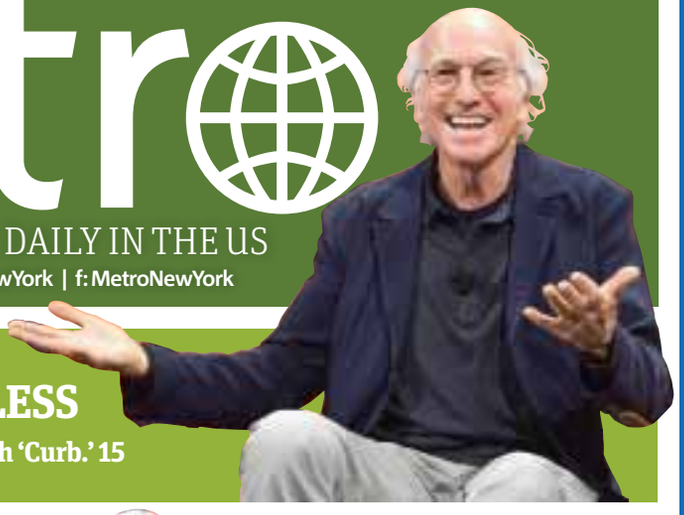

WE COULDN'T CARE LESS

Larry David doesn't give a s— if you watch 'Curb.' 15

Three spooky ways to start the week. 16

Jets win second straight over Browns. 19

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COLUMBUS CONTROVERSY

As the movement to recast Columbus Day as Indigenous Peoples Day gains support every year, one local group of New Yorkers will be holding an Anti-Columbus Day tour today. 4

GETTY IMAGES OF A STATUE OF CHRISTOPHER COLUMBUS THAT WAS DEFACED ON SEPT. 12, 2017 IN NEW YORK CITY'S CENTRAL PARK.

WELCOME TO METRO.US

KIMBERLY M. AQUILINA, WEB REPORTER

I might not be Wonder Woman and I take the subway instead of an invisible jet, but I'm a freaking superhero. Yep, a Superhero Dating School graduate. Have you been kissing all the wrong frogs ... or maybe you wouldn't say that because you don't want to insult frogs? Check out my experience with a crash course in being a better dater at **metro.us/lifestyle.**

PENCE LEAVES GAME AFTER PLAYERS KNEEL

Vice President Mike Pence walked out of an NFL game in his home state of Indiana after some players knelt during the national anthem, a form of demonstration that began last year as a symbolic protest about police violence against racial minorities. Pence was attending a game between the Indianapolis Colts and the San Francisco 49ers. Some players from the 49ers kneeled during the Star Spangled Banner, while some Colts wore black T-shirts with the words "We Will" on the front and "Stand for equality, justice, unity, respect, dialogue, opportunity" on the back. The players stood with their arms locked during the anthem, according to media reports. "I left today's Colts game because President Trump and I will not dignify any event that disrespects our soldiers, our Flag, or our national anthem," Pence said in a statement.

IRAN WARNS US AGAINST IMPOSING SANCTIONS

Iran warned the United States against designating its Revolutionary Guards Corp as a terrorist group and said U.S. regional military bases would be at risk if further sanctions were passed. The warning came after the White House said on Friday that President Trump would announce new U.S. responses to Iran's missile tests, support for "terrorism" and cyberoperations as part of his new Iran strategy. "As we've announced in the past, if America's new law for sanctions is passed, this country will have to move their regional bases outside the 2,000-kilometer range of Iran's missiles," Guards' commander Mohammad Ali Jafari said, according to state media. Jafari also said that additional sanctions would end the chances for future dialogue with the United States, according to state media, and issued a stark warning to American troops.

5 THINGS YOU NEED TO KNOW

3 COMIC CON PORTRAITS

ALL PHOTOS BY MIKE COPPOLA/GETTY IMAGES

TRUMP DERIDES CORKER FOR IRAN DEAL

President Donald Trump blamed Sen. Bob Corker for the Iran nuclear deal in a series of derisive Twitter posts that drew a sharp comeback from the lawmaker, an influential fellow Republican and onetime ally. The senator, who announced his retirement last month, was a national security adviser to Trump during the 2016 presidential campaign and on Trump's short list last year for both vice president and secretary of state. More recently, he has criticized Trump, taking issue with the president's response to a white supremacist demonstration in Charlottesville, Virginia, in August. Critics assailed Trump for saying rival protesters were also to blame for violence." Sen. Bob Corker "begged" me to endorse him for re-election in Tennessee. I said "NO" and he dropped out [said he could not win without my endorsement]," Trump wrote.

DRUG CHAINS TUMBLE ON AMAZON REPORTS

Shares of drug retailers Walgreens Boots Alliance Inc, CVS Health Corp. and Rite Aid Corp. tumbled after reports that Amazon.com Inc. was looking to make a move into selling drugs online. Amazon is reported to be in discussions with mid-market pharmacy benefit managers and has been hiring talent to assess the drug retailing market for its entry, brokerage firm Leerink analyst Ana Gupte wrote in a note to clients. "We are convinced that AMZN will almost certainly enter the drug distribution value chain within two years, evolving into a more disruptive offering over time," Gupte said. Amazon's entry into pharmaceuticals has been long rumored in the media. CNBC reported that the e-commerce giant would decide before Thanksgiving whether to move into selling prescription drugs online.

POLL

A poll from The Associated Press-NORC Center for Public Affairs Research finds that nearly 70 percent say Trump isn't level-headed, and majorities say he's neither honest nor a strong leader.

70%

Source: Associated Press-NORC Center for Public Affairs

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Anti-Columbus Day activists host alternative tour of American Museum of Natural History

Decolonize This Place urges the city and museum to remove the Roosevelt statue, update its exhibits and change the name of Columbus Day.

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Many people consider today Columbus Day, but a collective of artists and activists known as Decolonize This Place will celebrate with its second Anti-Columbus Day tour of the American Museum of Natural History.

"Last year, we wanted to begin with five strands of struggles, so we did black liberation, indigenous struggle, degentrification, global wage workers and free Palestine," said Amin Husain, a founder of Decolonize This Place. "The American Museum of Natural History brings all our struggles together."

The collective is using the event to showcase its three demands of both the AMNH and the city: to remove the equestrian statue of Teddy Roosevelt outside the museum, revamp the museum's exhibitions to better represent indigenous peoples and rename Columbus Day to Indigenous Peoples Day.

"The statue for New Yorkers is the most hated statue," Husain said. "First of all, everything is male, including the horse, so there's this issue of gender and patriarchy. Then you have a figure of an African and a figure of a native, both carrying guns but following and being subordinated almost like they've joined the fold with this president who's setting out to colonize the world."

Mayor Bill de Blasio recently created a commission to decide the fate of city monuments that may be deemed offensive, and "Equestrian Statue of Theodore Roosevelt," which has been outside the museum since 1940, will likely be among them.

"Certainly we're aware of that the statue provokes strong reactions, and we also think the statue needs to be addressed," said Anne Canty, the museum's senior vice president for communications and marketing. "We're looking at a range of ways that could be done, but ultimately, that's not going to be our decision."

One thing that is the museum's decision, though, addresses Decolonize's demands of revised exhibits.

"That's an area where we don't disagree," Canty said. "There are exhibits that need to be updated, and that's something that we're working on."

On Sept. 25, the museum announced a years-long reinterpretation and renovation of its Northwest Coast Hall. The process will involve four First Nations communities from the Northwest coast.

"We are very committed to doing the work of updating representations that are out of date," Canty added. "It's something that is not necessarily going to happen immediately, but it's work that we're doing — and we take very seriously."

More than 200 people attended last year's Anti-Columbus Day tour at the AMNH, and Husain expects that to more than double this year. By Friday afternoon, the event's Facebook page had more than 430 RSVPs with another 1,500 interested in attending.

The Anti-Columbus Day Tour begins at 3:30 p.m. near the AMNH's ticket counter. Visit decolonizethisplace.org for info.

The Teddy Roosevelt equestrian statue outside the AMNH is actually on public property and is maintained by the city's Parks Department. THE COMMUNITY OF DECOLONIZE THIS PLACE

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How to make your New York City Marathon run on mindfulness

"It takes a lot to run 26.2 miles, and most of that will and desire is mental," one expert said.

NIKKI M. MASCALI
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There is, obviously, a lot of prep work that goes into running the New York City Marathon. And as the Nov. 5 race is the world's largest with more than 51,000 finishers last year, the competition is fierce — and the course is grueling.

But that's not deterring Patrick Jass of Williamsburg, who is running it as his first full marathon. The 38-year-old artist started long-distance running last year to be healthier, and he signed up for the Brooklyn Half Marathon to have something to train for.

"It was the most mentally and physically challenging experience I've ever had," he said of his first-ever race. "Running is not just about running; everything you do is to optimize your run. I realized if I was going to continue doing this, I'd need the help of experts."

He sought out NYU Langone's Sports Performance Center (SPC), which works with amateur and professional athletes looking to ramp up their performance or recover from injuries. The SPC also offers a Running Lab to evaluate training, nutrition, strength and flexibility and more

> "Running is not just about running; everything you do is to optimize your run."
>
> Patrick Jass

The lab was created after the SPC started seeing an influx of running injuries like shin splints and back and knee pain, said Wil Colon, a clinical specialist who is one of its founders.

"It's very tailored to the individual, so whatever issue you came in with — whether it's preventing an injury, trying to get over an existing injury or improving your performance, we can help with that," he said.

Running Lab participants get in-depth, state-of-the art assessments of every facet of their performance, but for Jass, the nutritional evaluation was most eye-opening.

"I knew nothing about nutrition," he said. "I thought I was eating well, but fueling your body for the race to make sure you are optimizing your performance, I was missing that."

Jass learned about timing, quantity and tracking his food and getting a balanced diet before and after a run.

"I've become a better runner because of my nutrition changes," he said.

Jass has now done the

Marathon mindfulness

While form, stamina and footwear are all important on race day, there's one powerful "muscle" that runners (and most people, really) often forget to train: their mind.

"It takes a lot to run 26.2 miles, and most of that will and desire is mental," Colon said. "If you're planning to run a marathon, you have to have the mental fortitude and focus to do so."

That's where sports psychologist Bonnie Marks comes in.

"We work on mental preparation for training, practice and events, basically how to remove the obstacles that are blocking performance, like anxiety, self-doubt or negative thoughts. In some cases, it's injuries or fear of being reinjured."

NYU Langone's Sports Performance Center offers a state-of-the-art Running Lab to evaluate training, nutrition, strength and flexibility and more. PROVIDED

NIKKI M. MASCALI

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The New York City Marathon in the world's largest, with nearly 100,000 applicants this year. If you're one of them, mindfulness may be your secret weapon for going the distance. FILE

Wil Colon is a clinical specialist at NYU Langone and a founder of the Running Lab. PROVIDED

Brooklyn Half twice and will run in the Tokyo Marathon in February. The farthest he's run is 20 miles, "which was a major achievement. I never knew I could go that far," he said.

But come Nov. 5, he hopes to add 6.2 miles to his personal best and "finish the marathon, and finish in under four hours."

STAYING MINDFUL

Bonnie Marks' tips for staying mindful while training, running and, well, living:

- Breathe. "This is the most important tool of all," she said.
- Stay relaxed, yet alert. "If you feel you're tensing, use self-talk."
- Check your body and posture as fatigue sets in.
- Listen to your environment. "I love the pitter-patter of feet hitting the 59th Street Bridge," Marks said.
- Have a mantra such as "I've trained for this" or "I can do this."
- Take deep breaths, especially if you're in pain.
- Get enough sleep.
- Eat well.
- Incorporate a strength-training routine.

NYU Langone sports psychologist Bonnie Marks PROVIDED

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TRANSPORTATION DOLLARS COULD HAVE BEEN BETTER SPENT DOWNTOWN

LARRY PENNER
Analysis
Larry Penner is a transportation historian and advocate who previously worked 31 years for the U.S. Department of Transportation.

Sixteen years after 9/11, the Cortland Street World Trade Center subway station is still two years away from returning to service. Recent news of slower than anticipated progress based upon the contractors' current project construction recovery schedule could result in missing the most recent opening date of December 2018. This station was totally destroyed as a result of 9/11. Why will it take the MTA 17 years to rebuild it?

The new Port Authority PATH World Trade Center Station had an original start date at 2003 with a completion date of 2009 at a cost of $2 billion. The Port Authority subsequently signed a construction agreement with the Federal Transit Administration. This made up to $2.201 billion in federal funding available for the World Trade Center's permanent new PATH Terminal. The grant agreement between the Port Authority and Federal Transit Administration was awarded in December 2003. It included a commitment to start construction in the beginning of 2006 with completion on or before June 2011.

Fast forward 16 years later. Most construction was completed in 2016 many years beyond the original promised scheduled date. At $4 billion, the cost was double the original $2 billion. The Federal Transit Administration provided approximately $1.9 billion. No one should be proud of the project delays and major cost overruns. Opening of the corridor linking NYC Transit's E train to the World Trade Center Oculus 16 years after 9/11 was not a cause for celebration. The ceiling still periodically leaks after any heavy rain. Rather, it is a sad commentary on the mismanagement of taxpayer funds used for a major transportation project.

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Most New Yorkers support athletes kneeling during national anthem: New poll

President Donald Trump's fellow New Yorkers do not agree with his stance on athletes kneeling during the national anthem, a new poll from Siena College found.

The Albany-based school surveyed 789 voters on a number of issues and discovered that 60 percent of respondents support the First Amendment rights of professional athletes to kneel.

The gesture began last year when Colin Kaepernick remained seated during "The Star-Spangled Banner" in protest of discrimination and police brutality.

A large part of respondents "say the First Amendment trumps disrespect, and that they support the rights of athletes to kneel during the anthem," Siena College pollster Steven Greenberg said in the study.

Athletes kneeling in protest has become a divisive issue. GETTY IMAGES

While 38 percent did side with Trump in thinking that the act is disrespectful and "should not happen while they are in uniform," Greenberg said, that's where the support of the president ended.

Sixty-eight percent view Trump unfavorably, and 77 percent gave him a negative job performance, with 63 percent rating his work as "poor."

"Republicans give Trump good grades on terrorism, natural disasters and jobs," Greenberg said. "They are divided on Korea and negative on working with Congress."

For the second month in a row, Gov. Andrew Cuomo saw a slight rise in favorability, and 52 percent of voters would reelect him to a third term in office, while 41 percent prefer "someone else." NIKKI M. MASCALI

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“Demand Soars For Innovative Arthritis Treatment FDA

NYC Pain MD doctors offer powerful, cutting-edge arthritis treatment… prepares for over

By Matt Edgar
America’s Health Writer

Arthritis sufferers can’t get it fast enough and doctors offering it can’t keep up with the demand. “Results are better than even I anticipated” noted one of the treating docs at the ***NY Pain MD*** Center for Non-Surgical Medical Relief Of Spine And Joint Pain with two locations right here in NYC.

He was referring to their innovative arthritis treatment program featuring Advanced Image-guided “Visco-Supplementation” at the conveniently located clinics..

“The response continues to be overwhelming. Once patients found out there was an FDA cleared, doctor-administered arthritis treatment that actually works – without the side effects of oral pain pills or risks of replacement surgery - and has enough scientific research that it is covered by many insurances and even Part B medicare – the offices continue to be deluged with arthritis pain sufferers wanting to find if they,too, can be helped. And newer research indicates it can help hips,ankles and shoulders as well”.

What Is This Treatment And How Does It Work?

If you are suffering with knee (or other joint) arthritis and pain, you are not alone. Degenerative joint disease or “arthritis” affects 21 mil-lion Americans and typically involves the weight bearing joints – like your knees. According to the American College of Rheumatology, nearly 70% of people over the age of 70 have x-ray evidence of the disease (and the ranks of much younger victims of this progressive disorder continue to grow significantly).

The worst thing is*:* Arthritis can be devastating. The pain can keep you up at night and make getting out of bed and moving around a daunting task. The pain and stiffness can suck all the happiness and joy right out of your life

And up until now, treatment options have not been that good…or that appealing to most patients. The basic protocol has been a steady diet of toxic pain pills until your joints completely wear out and then it’s time to surgically replace the knee joint.

Read This If You Have Already Had Treatment Without Good Results

Even if you’ve failed Synvisc, Supartz, or other arthritis programs or had “blind” procedures, good results may still be possible
when using ***NY Pain MD*** methods utilizing Precision Arthritis Targeting Technology (P.A.T.T).

To achieve the best results.

But Now Things Have Changed

Osteoarthritis is a joint disease that mostly affects the cartilage. Cartilages the tissue that covers the ends on bones in a joint. When healthy, cartilage allows bones to glide smoothly over one another and acts as a shock absorber. Your“ normal” knee also contains a small amount of fluid called synovial fluid. This synovial fluid is a thick, gel-like solution that cushions and lubricates the joint–much like oil lubricates the engine of your car.

In osteoarthritis, the synovial fluid loses it’s lubricating properties and “dries up" allowing the cartilage to break down and wear away. This is *like running your car with little or no oil*. Now as you attempt to use your knee(s), there is not enough lubrication causing the bones to grind together resulting in pain, swelling, stiffness and the joint continues to wear out. This is a vicious cycle and can lead to bone-on-bone rubbing and excruciating pain. Pain pills do NOT lubricate the joint or fix the problem. They simply mask the pain so you do not feel the pain as your joints continue to deteriorate. The eventual repercussions of this are obvious.

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And here is why: It contains hyaluronate, one of the two natural lubricating agents found in your own synovial fluid. Viscosupplementation is precisely introduced directly in to your knee joint in a series of 3-5 treatments (depending on severity) over a 4 to 6 week period. This instantly cushions the joint, reduces friction and allows greater motion with less pain or no pain at all in some cases.

This treatment not only lubricates the joint, but it acts as a shock absorber helping reduce grinding, inflammation and pain. **Here’s something very important to consider**: Even though these lubricating medicines are non-toxic natural substances and are NOT considered a drug, it is NOT something you can get at your local health food store. It is scientifically researched and produced by pharmaceutical companies, FDA cleared and can ONLY be administered by a qualified Doctor.

What’s Results Can You Expect?

According to one developers and manufacturers of these special gel medicines ... “A course of treatment –will relieve pain in a majority of patients for 6 months without the safety concerns of non-steroidal anti-inflammatory drug (NSAID) therapy. In many patients, the effect is likely to last even longer than 6 months.”And the best part is: Since these gel lubricants are natural substances; they can be used over and re over when necessary without risk. If it works for you, you may be able to look forward to years with less pain.

Who Should Consider Viscosupplementation... Where Can You Get It And...When Should You Start?

You should certainly consider The ***NY Pain MD*** method if you have been diagnosed with knee arthritis or told you need a knee replacement. If you have not been diagnosed with arthritis but have either knee pain, stiffness, swelling, difficulty walking or climbing stairs or loss of motion in the knee – you should have an examination to determine what the cause of your problem is. If you have any of those issues mentioned, there is a very good chance you already have-or are starting to get arthritis.

Very Important – Do Not Wait - Here’s Why …

Studies indicate that if the arthritis is caught soon enough, the cushioning effect of the treatments c may be able to help the knee heal and possibly, slow the arthritis thus help avoid joint replacement surgery. In other words, the sooner you start – the better. Does the procedure hurt? A local anesthetic is given to numb the area and the procedure is virtually painless. Most patients say it feels like nothing more than a slight“pinching” sensation… that’s it.

Why Treatments At *NYC Pain MD* Are So Extremely Precise

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joint space up to 30% of the time rendering the treatment outcomes less effective.

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Randi Coe writes a note on a cross for Carly Kreibaum, who was killed in the mass shooting, at a makeshift memorial on the south end of the Las Vegas Strip. GETTY IMAGES

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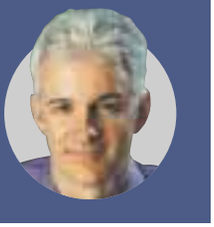
There is never a right time, it seems, to save lives from gun violence.

ELLIS HENICAN

Analysis

Ellis Henican is a seasoned observer of the nation's political and social landscape. He has appeared as a commentator on CNN, MSNBC and Fox News.



Another mass murder by gunfire, another paralyzed response from our political class: They're shooting blanks again in Washington.

Donald Trump blames "pure evil," which is his way of saying there's nothing anyone can do to try and stop it. On Capitol Hill, the only thing Republicans and Democrats can agree on is that — maybe, maybe — a device called a bump stock, which can turn a semi-automatic AR-15 assault rifle into a fully automatic machine gun, might be regulated somehow. Las Vegas shooter Stephen Paddock had a dozen of those in his hotel room.

But regulated how? When? And with what gaping loopholes? Even those basic questions have quickly devolved into the usual platitude that it's far too soon to take any practical steps. There is never a right time, it seems, to save lives from gun violence, certainly not when the whole nation is riveted to the latest massacre.

The debate never changes, only the names and the geography.

This time, for reasons unknown, a 64-year-old professional gambler fatally shot 58 country music fans on the Las Vegas strip, injuring more than 500 others in a 10-minute burst of bump-stock fire. Next week or next month, it will be someone and somewhere else.

In dumbed-down Washington, the debate is instantly personified as Gabby Giffords versus Steve Scalise, two lawmakers who are themselves victims of horrible gun violence. One being an Arizona Democrat, the other a Louisiana Republican, of course they can't agree on anything, despite their similarly grievous experiences. Giffords was shot in 2011 while meeting with constituents outside a Tucson supermarket. Scalise was shot in Virginia on June 14 when a gunman opened fire on a congressional baseball team.

Since leaving Congress in 2012, Giffords has dedicated her life to promoting common-sense gun regulation. She'd better not expect any help from Steve Scalise. He went on "Meet the Press" on Sunday to announce he is still opposed to new gun laws of any sort. "They only make it harder for law-abiding citizens to own a gun," he declared.

Asked by host Chuck Todd if he believes the Second Amendment right to bear arms is "unlimited," the wounded congressman didn't hesitate a second.

"It is," he answered. "It is."

Columnist Ellis Henican is the best-selling author of a dozen books including the upcoming "Trumpitude: The Secret Confessions of Donald's Brain." He is on Twitter @henican.

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8 Of the *worst* celebrity neighbor feuds

In the eternal words of the Notorious B.I.G. "Mo' money, mo' problems." At least for these celebs, who have had some intense disagreements with the folks next door. Here are eight of the worst celebrity feuds. Who's the worst? That, friends, is up to you. **METRO**

ALL PHOTOS GETTY IMAGES

Justin Bieber VS Kristen Bell & Dax Shepard

In 2012, Biebs moved next door to "The Good Place" star Kristen Bell and her husband, actor Dax Shepard. Shepard compared living next to Bieber — with the "music and the parties and the paparazzi" — to living in Lebanon. Uh-huh.

Billy Corgan VS Eric Dane

"The Last Ship" actor Dane said in 2012 that the Smashing Pumpkins frontman ignored warnings about the instability of some trees on his land — and then one of said trees crashed through Dane's roof, nearly killing his wife actress Rebecca Gayheart. Yikes.

Chris Brown VS Nick Young

Remember when Brown maybe threatened a woman in his home with a gun and then his home was surrounded by a SWAT team and police helicopters? The Golden State Warrior made a video begging Brown to GTFO (get the f—k out, y'all!) "Chris Brown, you gotta move," he says, choppers flying overhead. "Please, I like you, man. You my dawg... but go out away from over here... go!" Unsurprising.

Justin Theroux VS Norman Resnicow

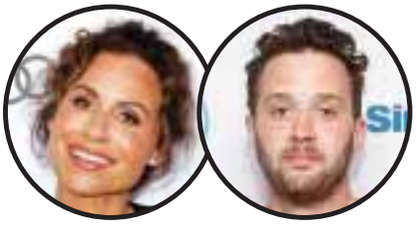
Actor Theroux filed documents in Manhattan Supreme Court this year claiming that his neighbor, Norman Resnicow, is "compulsively" harassing "The Leftovers" star in his Greenwich Village apartment. The feud has been going on with ages, with Theroux charging that Resnicow ruined his ivy, and Resnicow claiming that Theroux had neglected his dogs. Shocking.

Kathy Griffin VS Jeffrey Mezger

Griffin recently turned to court to get protection from her harassing neighbor, Jeffrey Mezger, who she filed a restraining order against over in September. She alleges that Mezger went on an expletive laced rant against herself and her boyfriend, Randy Bick, after Bick called police to make a noise complaint.

Miley Cyrus VS Steve Carell

Cyrus once recounted living next to "The Office" star Carell by insisting he always gave her the stank eye for her irresponsible driving habits. "The other day I was trying to reverse and I almost hit a thousand things," she said in 2013. "And I was getting nervous because I could see him [crossing his arms and sighing]. I'm like, oh my God, 'Dan in Real Life' is watching me right now!"



Minnie Driver VS Eddie Kaye Thomas

Not only has Driver been involved in a year-long feud with neighbor Daniel Perelmutter; but the "Speechless" actress also once live tweeted another neighbor's drama. When "American Pie" star Eddie Kaye Thomas called the authorities after a female houseguest allegedly pulled a knife on him, Driver described the entire stand off via her Twitter page. Social media melodrama.

Marisa Tomei's parents VS Sean Lennon

The year? 2015. The problem? A tree. Tomei's parents sued Lennon for $10 million, claiming that the spawn of John and Yoko let a rotting ailanthus invade their beautiful townhome — cracking their stoop, breaking their iron railings, and compromising their basement wall. Rude.

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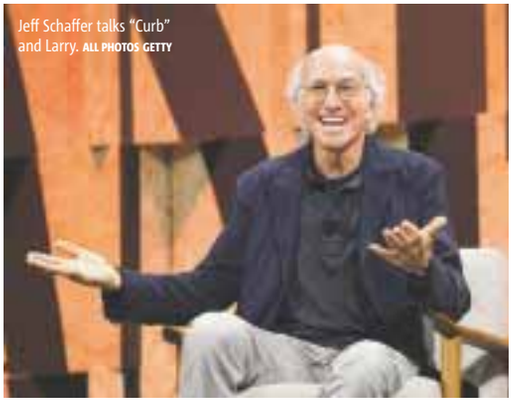
Jeff Schaffer talks "Curb" and Larry. ALL PHOTOS GETTY

"The wants, desires and needs of the audience have never come up."

GREGORY WAKEMAN
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gregory.wakeman@metro.us

It shouldn't come as a surprise to fans, but according to long-time "Curb" collaborator, executive producer and director Jeff Schaffer, "I speak for Larry on this, the wants, desires and needs of the audience have never come up. We couldn't care less. If you told me that Larry was making this for his own shelf, he wouldn't make it any differently."

"It's like working in a comedy biosphere. You don't have to worry about anything in the outside world. You just have to worry about making a funny show."

But, after a six-year absence, how and why did Larry David finally decide to return to "Curb?" Turns out he just needed a little encouragement.

"There was a movie that Larry was thinking of doing and he wanted me to direct it, so we were talking about that," Schaffer recalled.

"But as we were talking about it Larry kept saying, 'That would be funny for 'Curb.' I'll save that for 'Curb.' So, finally I said, 'If you want to do 'Curb,' let's just do 'Curb!' Forget about the movie.'"

David and Schaffer then had to work out how to explain the lengthy gap between seasons. This was when they dreamed up the idea that Larry had been writing a musical about Salman Rushdie getting a Fatwa, which would then lead to Larry getting his very own Fatwa, all of which made them "really, really laugh."

"Larry getting a Fatwa seemed right. And it just gave us this season trajectory that was very interesting. And I will say now, even knowing how the season starts, you will never expect how it ends. We're editing the final two now, and I'm just pleased that even though it starts in an insane place, it ends beyond it."

Much has changed since "Curb" began (with a debut in 2000 and seasons in '01, '02, '04, '05, '07, '09, '11 … and then now) but although Trump and the current social climate dominate cultural conversations, Schaffer admitted, "There are a few jokes here and there based on what's going on," but that doesn't dominate the narrative.

"Curb" is still "Curb" (thank goodness), and its main intention is just to make everybody howl with laughter.

"I think the great thing about Larry is that he sees the petty tree and loses sight of the forest. And in a world where everyone needs to be dealing with these bigger problems, someone has to take care of the petty stuff. Someone has to take care of the minutiae," Schaffer declared.

"I think the world needs a lot of laughter. People always need to laugh. And there's a lot of uncertainty right now. Whatever it is, people are feeling like there isn't an adult in charge, and I think that Larry is going to be the adult."

Oh, without a doubt, we wouldn't want it any other way.

"Curb Your Enthusiasm" season 9 airs on HBO at 10pm EST every Sunday.

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3 *Spooky* ways to start the week

Pregame for Friday the 13th with these haunted happenings.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

Halloween is still weeks away, but there's plenty of frightful fun to have all month long — and as real life becomes more terrifying every day, distracting yourself with supernatural scares is pretty much the new self-care. Here are a few spooky events to get your blood boiling and make you forget about, say, the threat of nuclear war or walls on our borders. Think of these as your Friday the 13th pregame.

INSTAGRAM/@ LAURENMAUL

1 Next Level Anxiety

"Is the state of the world making you anxious???" If so, you're not alone. Exorcise your fears at a screening of a new web-series, "Next Level Anxiety," which "blends sci-fi, fantasy, and comedy to embody the anxieties of our current social climate while showing a bigger and more mystical world beyond our own," according to the website. Post-screening, stick around to hear the cast and crew tell scary stories.

The PIT Loft, 154 W. 29th St, Monday, 7:30 p.m., $7, thepit-nyc.com

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2 A Drinking Game NYC presents: "Scream"

What's your favorite scary movie? Tuesday night at Littlefield, Wes Craven's self-reflexive thriller gets a live staged reading by actors simultaneoulsy drinking cocktails. To keep you drunk and entertained, whenever you hear a buzzword from the movie (list provided), everybody drinks.

Littlefield, 635 Sackett St., Tuesday, Doors 7:30 p.m., show 8:00 p.m., $12, littlefieldnyc.com

3 Stephen King's "Pet Sematary"

Cats are already spooky AF, so imagine a dead cat coming back to life to haunt you! On Wednesday night, the Brooklyn Bazaar hosts a free screening of the 1989 Stephen King adaptation. Bonus: the four-story former Polish banquet hall turned cultural event space has plenty of haunted house vibes.

Brooklyn Bazaar, 150 Greenpoint Ave., Wednesday, 8:00 p.m., Free, bkbazaar.com

PARAMOUNT PICTURES

In collaboration with the popular online education service edX, Juilliard will now offer six different classes that are open to the public.
ISTOCK

Juilliard will now offer free online courses

jobs & education

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PAT KING
@MetroNewYork
patrick.king@metro.us

Who would have thought that one of the most prestigious performing arts schools in the country would now be offering part of its curriculum for free online?

That is exactly what the Juilliard School is offering with their new JuilliardX program. In collaboration with the popular online education service edX, Juilliard will now offer six different classes that are open to the public without having to be accepted through their notoriously competitive audition process. What would Miles Davis think if he were alive today?

According to a press release from Juilliard President Joseph W. Polisi, this partnership was a logical no-brainer. "We at Juilliard believe that the development of artists at all levels and ages is an essential part of our responsibility within a global society," he said.

"We are proud to collaborate with edX to present these online courses that share the discipline, intricacy, and subtlety of music-making straight from our world-class faculty. These courses are designed with an immersive experience in mind and will also allow the learner to expand their artistic horizons using Juilliard's excellent educational expertise."

Not surprisingly, these classes don't seem like they will be "easy A's." The six online courses for JulliardX are Discovering the Instruments of the Orchestra, Perform at Your Best: Foundations of Performance Psychology, Piano Preludes, How to Listen to Great Music for Orchestra, Music Theory 101, and Sharpen Your Piano Artistry.

We spoke with Juilliard's managing director of operations, Courtney Blackwell Burton, to see why and how a school of such prestige would be willing to give away the goods for free while maintaining the highest quality possible.

"We were looking for a way to expand the reach and the impact of our school…without changing our on-campus curriculum," Burton says.

She describes these courses as "beginner and intermediate level courses that people around the world can take," but stresses that this curriculum will still stick to Juilliard's exceptional high standards.

"There are really robust visual ways of communicating music theory concepts," she explains and is excited for the opportunity to "experiment with how technology can enhance performing arts education and how we can stretch technology to its limits in that way."

Burton hopes that these courses will act as a jumping off point for most students and that they will want to continue after they've completed these intermediate courses. For instance, the course How to Listen to Great Music for Orchestra is an interactive partnership with the Berlin Philharmonic Orchestra that Burton describes as "a basic course for free which gives you some firm entry points into great orchestral masterworks." But if you choose to pay for the more advanced version of this course, you will certainly get your money's worth.

"If you want the full experience, where you're seeing the Berlin Philharmonic perform some of these pieces with interviews with the musicians," she says. "Then you can upgrade to get a verified certificate."

She believes that by offering these courses online, it will only strengthen Juilliard's reputation by increasing their reach.

"For us right now, we feel it is more important than ever to reach as many people as we can and technology is now at a point that is enabling that," Burton says.

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PAT KING
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Is the job that you've fallen into different than the career that you wish you had? It can be easy to find yourself in a professional rut. So, what can you do to not only find a career that is relevant but also has a great salary? New York City-based nonprofit NPower is here to help.

Npower provides 15 weeks of free half day classes combined with a seven-week paid internship (22 weeks in total) in order to accelerate the process of learning fundamental tech skills while gaining the valuable experience needed to break into the field. By partnering with big-name companies such as Cisco, HP, Accenture, JP Morgan and many others, Npower is helping students to work with some of the best in the industry.

We spoke with the company's CEO, Bertina Ceccarelli, to see how NPower is helping people get out of their dead-end gigs and into high paying tech jobs. "We launched this work to help solve two problems," says Ceccarelli. "First", she explains is "there are way too many young adults and veterans from underserved communities who don't have access to the kind of training opportunities for tech careers which catapults them into the digital economy." And second, that "there's just too narrow a pipeline of entry-level tech talent." So far, they have found out that 80% of all of their students "get placed in some kind of full-time employment."

At its core, she says the program is for those with fewer opportunities than others. "This is a program that's geared towards those who are working, underemployed, working minimum wage jobs, or currently unemployed," says Ceccarelli. "We really want to target the service we provide to those in the US population who need it the most."

NPower is offering courses in a few cities outside of the NYC area but they plan to expand more in the future. "The field is growing," says Ceccarelli since it is projected that "77% of all jobs by 2020 is going to some sort of technology skills."

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Big letdown: Giants drop to 0-5

The Giants remain winless this season after another late loss, this time to the Chargers.

JOE PANTORNO
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New York Giants quarterback Eli Manning had never defeated Los Angeles Chargers slinger Philip Rivers — the two were swapped during the 2004 draft — entering Sunday afternoon.

After Sunday afternoon, he still hasn't as the Giants dropped to

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	22

0-5 this season with a 27-22 loss. New York has not beaten the Chargers (1-5) since 1998.

This is the Giants' worst start since the 2013 season. The team also went winless in their first five games in 1987 and 1979.

Philip Rivers hit Melvin Gordon for the running back's second receiving touchdown of the game with 3:04 remaining in the game to get the win.

The game-winning score was set up by Melvin Ingram's strip sack of Eli Manning deep in Giants territory with New York up two.

The loss was even more costly considering the Giants lost wide receivers Odell Beckham Jr., Brandon Marshall, Sterling Shepard and Dwayne Harris to injury.

Beckham was carted off the field in tears just a play before Manning's costly fumble after his ankle rolled.

Having trailed for 67.7 percent of their time on the field this season, a good start was imperative for the Giants.

They got just that with 8:53 to go in the first when a bad snap deep in Chargers territory hit the ribs of Rivers, who was calling an audible and fell into the end zone.

Melvin Gordon's late touchdown doomed the Giants to a fifth-consecutive loss on Sunday afternoon. GETTY IMAGES

The quarterback batted the ball out of the back of end zone for a safety for what was the Giants' first points scored in the first quarter this season.

The run game suddenly came to life late in the first when Orleans Darkwa had runs of 15 and 23 yards, the latter going for a touchdown to put the Giants up 9-0 with 2:24 remaining.

Darkwa had just 53 yards in his first three games this season. It was needed considering the Giants lost Marshall and Shepard to ankle injuries in the first half. Neither would return.

Los Angeles punched right back with a touchdown on their first possession of the second quarter.

Rivers hit Gordon for a six-yard screen pass for the score. They went into halftime with a one-point lead after nabbing a field goal with six seconds to go.

It could have been worse if not for safety Darian Thompson, who picked off Rivers in the end zone after the Chargers had driven down to the Giants' 14-yard-line with their first possession of the third quarter.

The offense made the most of the turnover, going nine plays, 80 yards to take the lead.

Manning hit Roger Lewis Jr. down the left sideline for a 29-yard touchdown to go up six with 6:46 left in the third. The Giants quarterback recorded all 80 yards through the air, completing 6-of-7 passes in the process.

New York's defense gave it right back, giving up a pair of huge third-down conversions as the Chargers went 92 yards in just over six minutes to retake the lead. Evading pressure and throwing off his back foot, Rivers completed a 25-yard touchdown pass to tight end Hunter Henry.

Manning responded on the very next drive, facing down a blitz, stepping up in the pocket and hitting a wide-open Beckham, who meandered past the pinching secondary, for a 48-yard strike less than two minutes into the fourth.

Jets keep rolling, win 2nd straight

Five weeks into the season and the Jets have a winning record after a solid road effort against the Browns.

JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

The New York Jets' unlikely run toward contention in the AFC East continued on Sunday with a 17-14 win over the Cleveland Browns.

Quarterback Josh McCown passed for both of New York's touchdowns

FINAL 10/8	
	17
	14

on the afternoon while completing 23-of-30 passes as he continues his role as surprisingly good game manager.

The Jets benefitted from Cleveland's lack of killer instincts as the Browns outgained the Jets, 419-212, on the afternoon, but could only muster two scores.

With the Jets up 10 in the final two minutes, Cleveland did make it interesting when backup Kevin Hogan, who was called in for struggling rookie DeShone Kizer, hit running back Duke Johnson for a 41-yard touchdown with 1:49 to go.

Their attempt at an onside kick came up empty though as the Jets were able to run out the clock to preserve the win.

Both offenses were useless in the first quarter, as the two teams combined for just 76 total yards. The Jets had just 15 in the scoreless frame.

The scoreboard remained empty until the final seconds of halftime, though the Browns missed a pair of solid opportunities to put some kind of points on the board.

Jermaine Kearse reeled in his third touchdown pass of the season. GETTY IMAGES

With five minutes gone in the second quarter, Zane Gonzalez missed a 52-yard field goal attempt.

On their next drive, Cleveland drove all the way down to the Jets four, but Kizer was intercepted by Marcus Maye at the goal line to get New York out of trouble.

It eliminated a lengthy 11-play drive that began at the Jets' 49-yard-line.

Gonzalez's inaccuracy struck again with 35 seconds left in the half when he missed a 39-yard field goal.

Their best performer of the half turned out to be rookie defensive end Myles Garrett, who took down McCown twice in the opening 30 minutes.

Meanwhile the Jets had just 67 total yards at the half, but still went into the break with the lead as Chandler Catanzaro, last week's hero, nailed a 57-yard field goal as time expired.

That was all for the Kizer, who was benched at halftime after recording just 87 yards.

The move initially worked as Hogan drove the Browns 75 yards in 6:30 to give the hosts a lead. Hogan hit rookie tight end David Njoku, who made a spectacular one-handed catch for a 21-yard score.

It was the first time all season that the Browns held a lead at any point in any game.

That lead wouldn't last long as Hogan came crashing back down to earth. The quarterback was picked off by Morris Claiborne on Cleveland's next drive, allowing the Jets to start in deep in Browns territory.

Two plays later, the Jets were back in the lead when McCown hit tight end Austin Seferian-Jenkins from two yards out.

New York further extended its lead in the fourth when McCown connected with Jermaine Kearse from 24 yards out for the receiver's third touchdown of the year with 8:35 to go.

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LEGAL NOTICES

NOTICE OF SALE
SUPREME COURT
COUNTY OF QUEENS,
COMMUNITY RESTORATION CORPORATION, Plaintiff vs. SOBHA HARRY, SURUJUJLALL HARRY ET AL., Defendant(s).
Pursuant to a Judgment of Foreclosure and Sale duly filed on August 16, 2017, I, the undersigned Referee, will sell at public auction at the Queens County Supreme Courthouse, Courtroom 25, 88-11 Sutphin Boulevard, Jamaica, NY, on November 03, 2017 at 10:00 a.m. premises known as 120-07 140th Street, South Ozone Park a/k/a Jamaica, NY 11436. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Queens, County of Queens, City and State of New York, Block 12031 and Lot 12.
Approximate amount of judgment is $89,794.90 plus interest and costs. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, the Mortgagee's attorney, or the Referee.
Mitchell L. Kaufman, Esq., Referee
Peter T. Roach & Associates, P.C.
6901 Jericho Turnpike, Suite 240
Syosset, NY 11791
Attorneys for Plaintiff.

NOTICE OF SALE
SUPREME COURT COUNTY OF QUEENS,
CENTRAL MORTGAGE COMPANY, Plaintiff, vs. TEOFILO MENDEZ, ET AL., Defendant(s).
Pursuant to a Judgment of Foreclosure and Sale duly filed on January 03, 2017,
I, the undersigned Referee will sell at public auction at the Queens County Courthouse, Courtroom 25, 88-11 Sutphin Boulevard, Jamaica, NY on October 20, 2017 at 10:00 a.m., premises known as 5509 97th Place, Corona, NY. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Queens, County of Queens, City and State of New York, Block 1906 and Lot 19. Premises will be sold subject to provisions of filed Judgment Index # 5557/13.
Dominic A. Villoni, Esq., Referee
Berkman, Henoch, Peterson, Peddy & Fenchel, P.C.
100 Garden City Plaza
Garden City, NY 11530,
Attorneys for Plaintiff

NOTICE IS HEREBY GIVEN that a license, Number 1305306, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 102-02 Northern Blvd., Corona, NY 11368, for on premises consumption. El Nuevo Salinas Bar & Restaurant Inc.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer, Wine & Cider has been applied for by the undersigned to sell Beer, Wine & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 21 Mott Street, New York, NY 10013, for on premises consumption. Shanghai Asian Manor, Inc. d/b/a Shanghai Asian Manor.

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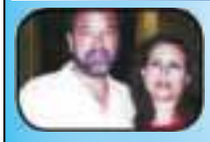

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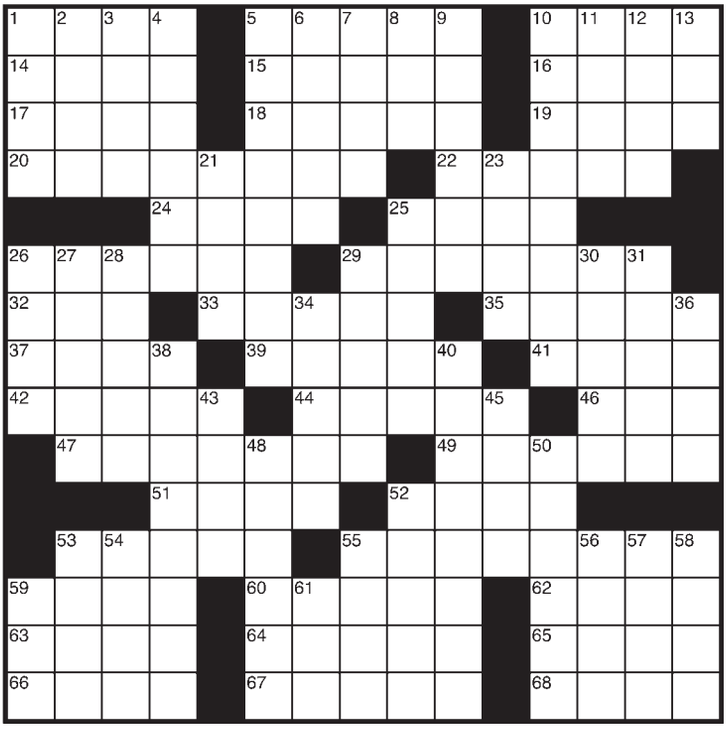

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metro.us/horoscopes

Aries Count your pennies. Overspending would have severe consequences. Moderation and discipline will be your keys to greater prosperity.

Taurus Do what you can to get your responsibilities out of the way before you move on to personal plans. Schedule something that will help lessen your stress.

Gemini Inform demanding individuals that you have other responsibilities. Traveling or educational pursuits are in your best interest. Positive incentives will motivate you.

Cancer When dealing with matters that have the potential to affect your home or comfort, take precautions. Maintain balance by gaining the support needed to overcome adversity.

Leo Do whatever needs to be done on your own time, regardless of what others are doing. Your intellectual approach will bring you the success you are searching for.

Virgo Put an emotional situation to rest before it affects your productivity and an important relationship. Keep grievances to yourself and work alone.

Libra Getting along with others will be half the battle. Listen, offer suggestions and, most of all, stick to the truth. Much can be accomplished if you follow protocol.

Scorpio Make physical changes that will build your strength and help you feel ready to conquer whatever comes your way. Handle emotional regrets that hold you back.

Sagittarius Do whatever it takes to stabilize your life and relationships with the people who count. Nurturing and protecting your interests will counter emotional loss.

Capricorn You'll be tempted to rethink your beliefs if you fall prey to an unrealistic picture of a "perfect" lifestyle. Trust in what you know, not in what someone tells you.

Aquarius Fix up your place and tackle unfinished personal business that is holding you back. Discuss your plans and combat any negative input with a positive solution.

Pisces Know what you are talking about before you offer advice. You'll be blamed if you meddle in someone else's affairs. Don't go where you aren't welcome. EUGENIA LAST

Yesterday's answers

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A	D	I	E	U			T	H	I	E	V	E	R	Y
			D	E	P	T	H		R	A	E			
	S	O	L	D	E	R		G	Y	M	N	A	S	T
H	O	P	I		L	O	G	I	C		D	I	K	E
E	D	E	N		T	U	R	B	O		O	D	I	E
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